

THE STREET ASSESSMENT ASSESSMENT			5	6	november
2		4			
BREAKFAST:	BREAKFAST:	BREAKFAST:	BREAKFAST:	BREAKFAST:	
Orange Juice	Fruits	Fruits	Fruits	Fruits	
Cereal	Bagel Cream Cheese	Whole Wheat Toast	English Muffin	Waffles	THE PARTY OF
Blueberry Muffin	Milk	Butter & Jelly	Butter & Jelly	Syrup	
Milk	LUNCH:	Milk	Milk	Milk	
LUNCH:	Chicken Nuggets	LUNCH:	LUNCH:	LUNCH:	
Macaroni & Cheese	Brown Rice	Salisbury Steak Gravy	BBQ Chicken	Cuban Sandwich	
WG Garlic Bread	Corn & Green Beans	Whole Grain Bread	Brown Rice	(Pork, ham, Swiss Cheese,	
Black Eyed Peas	Fruits	Mashed Potatoes	Red Beans	pickles)	
Broccoli	Milk	Peas and Carrots	Plantains	Mayo & Mustard	
Fruits	SNACK:	Fruits	Fruits	Baked Sweet Potato Fries	
Milk	Assorted Crackers	Milk	Milk	Tossed Salad & Ranch	6
SNACK:	Juice	SNACK:	SNACK:	Fruits	
Bread Sticks		Fruits	Fruits	Milk	Enutris
w/ Cheese Dip		Milk	Yogurt	SNACK:	a lacing
				Oatmeal Cookies	Say yes to delicka
				Milk	Catering Service
9	10	11	12	13 13 13 13 13 13 13 13 13 13 13 13 13 1	
9 BREAKFAST:	BREAKFAST:	BREAKFAST:	BREAKFAST:	BREAKFAST:	
Blended 100% Juice	BREAKFAST: Fruits	BREAKFAST: Seasonal Fresh Fruit	BREAKFAST: Fruits	13 <u>BREAKFAST:</u> Fruits	
Blended 100% Juice Cereal	<u>BREAKFAST:</u> Fruits Whole Grain Raisin	BREAKFAST: Seasonal Fresh Fruit Cereal	BREAKFAST: Fruits Pancakes	13 <u>BREAKFAST:</u> Fruits Cereal	
Blended 100% Juice Cereal Banana Bread	BREAKFAST: Fruits Whole Grain Raisin Bread Butter	<u>BREAKFAST:</u> Seasonal Fresh Fruit Cereal Milk	BREAKFAST: Fruits Pancakes Milk	BREAKFAST: Fruits Cereal Milk	
Blended 100% Juice Cereal Banana Bread Milk	BREAKFAST: Fruits Whole Grain Raisin Bread Butter Milk	BREAKFAST: Seasonal Fresh Fruit Cereal Milk LUNCH:	BREAKFAST: Fruits Pancakes Milk LUNCH:	BREAKFAST: Fruits Cereal Milk LUNCH:	
Blended 100% Juice Cereal Banana Bread Milk LUNCH:	BREAKFAST: Fruits Whole Grain Raisin Bread Butter Milk LUNCH:	BREAKFAST: Seasonal Fresh Fruit Cereal Milk LUNCH: Chicken Fajitas w/ Sour	BREAKFAST: Fruits Pancakes Milk LUNCH; Spaghetti & Meat Sauce	BREAKFAST: Fruits Cereal Milk LUNCH: Fish Sticks	
Blended 100% Juice Cereal Banana Bread Milk LUNCH: icken Fettuccine Alfredo	BREAKFAST: Fruits Whole Grain Raisin Bread Butter Milk LUNCH: Shredded Cilantro Beef	BREAKFAST: Seasonal Fresh Fruit Cereal Milk LUNCH: Chicken Fajitas w/ Sour Cream	BREAKFAST: Fruits Pancakes Milk LUNCH: Spaghetti & Meat Sauce WG Garlic Bread	BREAKFAST: Fruits Cereal Milk LUNCH: Fish Sticks ketchup	
Blended 100% Juice Cereal Banana Bread Milk LUNCH: icken Fettuccine Alfredo WG Garlic Roll	BREAKFAST: Fruits Whole Grain Raisin Bread Butter Milk LUNCH: Shredded Cilantro Beef Brown Rice	BREAKFAST: Seasonal Fresh Fruit Cereal Milk LUNCH: Chicken Fajitas w/ Sour	BREAKFAST: Fruits Pancakes Milk LUNCH: Spaghetti & Meat Sauce WG Garlic Bread Green Salad & Tomatoes	BREAKFAST: Fruits Cereal Milk LUNCH: Fish Sticks ketchup Brown Rice	
Blended 100% Juice Cereal Banana Bread Milk LUNCH: icken Fettuccine Alfredo WG Garlic Roll easar Salad w/Tomatoes	BREAKFAST: Fruits Whole Grain Raisin Bread Butter Milk LUNCH: Shredded Cilantro Beef Brown Rice Black Bean	BREAKFAST: Seasonal Fresh Fruit Cereal Milk LUNCH: Chicken Fajitas w/ Sour Cream	BREAKFAST: Fruits Pancakes Milk LUNCH; Spaghetti & Meat Sauce WG Garlic Bread Green Salad & Tomatoes Low fat Dressing	BREAKFAST: Fruits Cereal Milk LUNCH: Fish Sticks ketchup Brown Rice Green Peas	
Blended 100% Juice Cereal Banana Bread Milk LUNCH: icken Fettuccine Alfredo WG Garlic Roll easar Salad w/Tomatoes Dressing	BREAKFAST: Fruits Whole Grain Raisin Bread Butter Milk LUNCH: Shredded Cilantro Beef Brown Rice Black Bean Mixed Vegetables	BREAKFAST: Seasonal Fresh Fruit Cereal Milk LUNCH: Chicken Fajitas w/ Sour Cream WW Flour Tortilla Shredded cheese	BREAKFAST: Fruits Pancakes Milk LUNCH; Spaghetti & Meat Sauce WG Garlic Bread Green Salad & Tomatoes Low fat Dressing Fruits	BREAKFAST: Fruits Cereal Milk LUNCH: Fish Sticks ketchup Brown Rice Green Peas Fruits	
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Blended 100% Juice Cereal Banana Bread Milk LUNCH: icken Fettuccine Alfredo WG Garlic Roll easar Salad w/Tomatoes Dressing Fruits Milk SNACK: Graham Crackers	BREAKFAST: Fruits Whole Grain Raisin Bread Butter Milk LUNCH: Shredded Cilantro Beef Brown Rice Black Bean Mixed Vegetables Fruits Milk SNACK: Tortilla	BREAKFAST: Seasonal Fresh Fruit Cereal Milk LUNCH: Chicken Fajitas w/ Sour Cream WW Flour Tortilla Shredded cheese Onions & Peppers Corn Fruits Milk	BREAKFAST: Fruits Pancakes Milk LUNCH: Spaghetti & Meat Sauce WG Garlic Bread Green Salad & Tomatoes Low fat Dressing Fruits Milk SNACK:	BREAKFAST: Fruits Cereal Milk LUNCH: Fish Sticks ketchup Brown Rice Green Peas Fruits Milk SNACK:	
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Monday	Tuesday 17	Wednesday	Thursday	Friday	
16			18 19	20	
BREAKFAST: Fruits	BREAKFAST: Fruits	BREAKFAST: Fruits	BREAKFAST: Grape Juice	BREAKFAST: Fruits	
		Cheese Toast	English Muffin Cream Cheese	WG Toast w/Jelly	
Cereal	Blueberry Muffin	Cheese Toast Milk	& Jelly	Milk	
Milk	Milk		Milk	LUNCH:	
LUNCH: Roasted Pork	LUNCH:	LUNCH: Picadillo (Beef)	LUNCH:	Cheeseburger	BOOK BART
Whole Grain Roll	Chicken Strips Brown Rice	WG Roll	Baked Chicken	Lettuce and Tomato	
Mashed Potatoes	Salad <i>dressing</i>	Congri	Brown Rice	Mustard, Mayo, Ketchup	EVERBUR
Mixed Vegetable	Corn	Green Peas	Broccoli	Carrots & Green Beans	
Fruits	Fruit	Fruit	Fruits	Sweet Potato Fries	
		Milk	Milk	Fruits & Milk	
Milk SNACK:	Milk SNACK:	SNACK:	SNACK:	SNACK:	
Yogurt	Cookies	Milk	Animal Crackers	Milk	
Fruits	Milk	Fish Shaped Crackers	Fruits	Assorted WG Crackers	
23	24		25 26	27	
BREAKFAST:	BREAKFAST:		The second secon	angusta biling areas to a material Color	
Juice	Fruits				
Fruits	Whole Grain Bagel				
Cereal	Cream Cheese				A
Milk	Milk				
LUNCH:	LUNCH:		r		Enutrisp
Baked Chicken	EUITEIL.		50 PA		
WW Roll butter	** SPECIAL MENU		a 4		Say yes to delickou
Mashed Potatoes	THANKSGIVING **				Catering Service
Peas & Carrots	THANKSGIVING				
Fruit & Milk	SNACK:		Happy Thanksgiving		1 70
SNACK:	Yogurt				
Assorted Crackers	Fruits				
Fruits					
30					
BREAKFAST:					
Fruits					
Cinnamon Raisin Bagel					
Cream Cheese					
Milk					
LUNCH:					
Chicken Enchilada					200
WW Bread					
Brown Rice					V Kan
Green Peas & Corn					
Fruits & Milk					٧
SNACK:					
Animal Crackers					
Fruits					· All Physics